

GROUP CLASS BOOKING INFORMATION

HAMMOCK
Wellness Centre

BOOKING DETAILS - To book packages or single classes you must contact your person of interest directly. If you are looking into combining Yoga & Pilates classes from both our Yoga & Pilates Teachers, you may contact only one of the two. For all other classes please contact the Teacher responsible for each class.



BOOKING CONTACTS:

YOGA & PILATES - MARILENA 99316632 / ESMERALDA 99265731

GYROKINESIS & BREATHING AWAKENING - GERASIMOS 96596101

SOUND HEALING - ANTONIA 99754881

IMPORTANT - In case your call is not answered rest assured that the Teachers will get back to you. This just means they may be teaching, but will surely return your call.

MONTHLY PACKAGE POLICY - This means that all classes booked must be utilized within one month. We understand that something unexpected may occur so you may skip ONE class per month without being charged, but you must cover that class during the month that your package is valid, and only with the Teacher responsible for the class you missed. Each student is responsible of notifying their Teacher at least 24 hrs in case they cannot attend the class.

*** PRIVATE CLASSES ARE AVAILABLE UPON REQUEST AND ARE SUBJECT TO AVAILABILITY**